

## Designers OF THE WEEK

This week, we feature two local designers. Meet **Kristen Ernst** below, and read about bead designer **Deb Jennings** on Pages 18 and 19.



**Kristen Ernst, 34,** of Scottsdale, has got your number.

Since high school, Ernst, the owner of **Life Path Tees**, has been studying numerology, the belief that

numbers have meaning and influence our lives and personalities.

"Energy makes up everything, and numbers are how we measure it," she says. "I'm really bad at math but love numerology and add everything because I've got to know the energy of that person, place or thing."

Although it started out as a hobby,

Ernst credits numerology for helping her figure out herself and others. She says it was instrumental in evaluating others in business and personal situations.

"I never used numerology that way in my life and really needed help in understanding what made others tick. Now, when I run someone's numbers, I get a clear vision of who he or she is and can approach that person accordingly," she says.

Then Ernst was inspired to find a creative outlet to share her passion with others, created T-shirts and a line of necklaces and pendants.

Life Path Tees are not your average screened T with a cute design; the soft, muted, neutral tones of the Ts are associated with numerology as well, she

says. Ernst picks ink colors (Pantone colors are all assigned a number) for each shirt that add up to a specific number vibration so that energy is infused into each T, she claims.

She creates all the T-shirt designs herself and enlists the expertise of friend **Suzanne David-Vojnich** for the metal work — etching and hand-finishing the necklaces and pendants that Ernst designs.

"I want every person who wears one of my products to feel the positive energy vibe of their life-path number and know just how special and meaningful they are in this world," Ernst says.

Find Life Path Tees and pendants online at [lifepathtees.com](http://lifepathtees.com), **Bikram Yoga**, **Urban Yoga** and **Vision Quest**.

WRITTEN BY  
**MIGNON A. GOULD**  
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### HOW TO FIGURE YOUR LIFE-PATH NUMBER

Add up the individual numbers of your birth date, including the full year. For example, for a birthday of June 13, 2008, add digits like this:  $6+1+3+2+0+0+8 = 20$ ,  $2+0 = 2$ , the life-path number.

Note: Every two- or three-digit sum must be added together to form a single digit.

#### Life-path numbers

- |                |                 |
|----------------|-----------------|
| 1: Leader      | 6: Nurturer     |
| 2: Peacemaker  | 7: Philosopher  |
| 3: Entertainer | 8: Visionary    |
| 4: Teacher     | 9: Humanitarian |
| 5: Risk taker  |                 |

Visit [lifepathtees.com](http://lifepathtees.com) to read about your number.

## ★ STAR VIBRATIONS

Kristen Ernst read the numbers of three celebrities and shared what their number says about them.



### NATALIE PORTMAN

**Born:** June 9, 1981.

**Life path:** 7.

The sevens are the philosophers of the group and are usually highly intelligent individuals. They think quite differently than any other number. They need to find some kind of faith in life. If they don't, life can be a bit tumultuous. They like their space, and they tend to overanalyze everything. There's so much going on in a seven's head, it's sometimes hard for them to focus on one thing. Sevens are very loyal partners. They fiercely guard their inner worlds and will usually shut down if they are asked too many questions.



### ANGELINA JOLIE

**Born:** June 4, 1975.

**Life path:** 5.

The fives are the adventurers of the group. They like to take risks; they get bored very easily and like escapism, usually through novels and books, but unfortunately sometimes through drugs, sex and rock and roll. Many fives are rock stars, actually. They definitely

need to find a healthy outlet for their abounding energy. Fives love to travel and are a superb entertainer. They do not like clingy partners and cannot stand being controlled. The more fives I meet, the more I see a humanitarian quality about them coming forth at some point in their lives.



### MADONNA

**Born:** August 16, 1958.

**Life path:** Double 1.

Her birthday adds up to an 11, which is considered a master number but does eventually break down to a two. So there's some dual meaning behind the 11. Doubles mean that it's that particular number vibration but with extra oomph. A double one must master his or her life and be the best without exception. Ones are very hard on themselves, and double ones are even worse. But when you add the double ones together you get two, so double ones need to nurture that two side (peacemaker, harmony seeker, balanced individual). The two likes lots of affection and abhors conflict. Music soothes the two's soul.



Etched sterling pendants (chain or cord not included) are \$59 for small, \$70 for medium and \$80 for large.

Online, T-shirts are \$43 each.



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